



**At our CREATIVE ART & LIFE COACHING WORKSHOPS,** students will be encouraged to paint canvases as reflection, motivation and inspiration for their lives using their individual values and beliefs.

These are still only \$75 until the 8 November. Usual price is \$100. Please contact me for bookings for either Tuesday or Saturday afternoons.

THIS IS A UNIQUE APPROACH PROVIDING HEAPS OF FUN & INSIGHTS.

#### BOOK RECOMMENDATION OF THE MONTH

The Alchemist, by Paul Coelho

This is an oldie - but goodie!

It's fitting for a variety of people in various stages of your journey. Take the challenge and turn yourself into GOLD.

[Buy it here.](#)

I think JF Masterson sums it up succinctly by saying that our **real self** is "all our self-images plus the ability to relate them to each other and recognise them as forming a single, unique individual."

That's You. Love You.

You're worth it.

**This is a precis version of the E-lesson called "What is Self Worth?" If you enjoyed it, the full E-Lesson is available on our website.**

[If you'd like to purchase the full lesson click here.](#)

#### WOMEN'S DINNER EVENTS

We had heaps of fun last month. Join us for the next one!!

The next dinner event is Tuesday the 21st October in Applecross. These events happen monthly at various venues around Perth. 6.30pm.



All women welcome! Please book via email or the forum.

[See the Forum for more information](#)

#### COMPLETELY HUMAN MEMBERSHIP

**Tired of the ho-hum of your life? Looking for those missing pieces?**

**Become real. Become yourself. Become a member of Completely Human!**

It adds the HUMAN being back into your living. We bring your personal development to you!

Merely subscribe to the section of the website you wish to join and receive all the benefits and information at the press of a key!

<http://www.completelyhuman.com.au/membership/>

[Forward this newsletter!](#)

Contact: Completely Human | PO Box  3548  Adelaide Terrace | Perth | WA |  6832  [heidi@completelyhuman.com](mailto:heidi@completelyhuman.com) | <http://www.completelyhuman.com>

created using  
**onlineitools.com**  
FREE TRIAL! - CLICK HERE

 [Safely Unsubscribe](#) [Unsubscribe from this newsletter.](#)

This email was sent to [noreply@www.onlineitools.com](mailto:noreply@www.onlineitools.com), by [heidi@completelyhuman.com](mailto:heidi@completelyhuman.com)

Don't miss out! Make sure our emails end up in your inbox, not your bulk or junk folders. Simply add [heidi@completelyhuman.com](mailto:heidi@completelyhuman.com) to your email address book or trusted-sender list.